



High Legh Tennis Club
A50 Warrington Road
High Legh
Cheshire
WA16 0RT

HIGH LEGH TENNIS CLUB FUN DAY – SATURDAY 13TH MAY (1-4PM)

Dear Parent,

High Legh Tennis Club fun tennis days takes place twice a year (once per season) and provides the best opportunity for the Head of Tennis to gather a number of potentially talented tennis players to High Legh Tennis Club at the same time. These days are held for players aged 4 years old upwards.

The structure of the day is to introduce the children to High Legh Tennis Club and all the coaches and to get a feel for tennis in a structured coaching environment and to get your child into the correct coaching group. The main emphasis for the day will be for the children to have loads of fun doing lots of games, activities and some tennis drills.

Being invited to the High Legh Tennis Club fun day already indicates that a child is showing huge potential in tennis. The fun days are run twice a year to allow an ongoing monitoring of players and to allow opportunities for everyone and there will be an opportunity for parents to ask lots of questions on the day!

I look forward to seeing your child at the upcoming High Legh Tennis Club fun day.

Yours faithfully

Emma Silcock
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<http://www.highleghtennisclub.co.uk/>

HIGH LEGH TENNIS CLUB SUPPORTING THE GREAT BRITISH TENNIS WEEKEND & HIGH LEGH SCARECROW WEEKEND

High Legh Tennis Club (HLTC) to host an Open Day, 13th May



HLTC are hosting an Open Day on Saturday 13th May from 1pm – 4pm. As part of the Lawn Tennis Association's (LTA) Great British Tennis Weekend and High Legh Scarecrow Weekend, the club will be organising fun games, social tennis, skills tests and general membership information and recruitment. There will be an exhibition match from the club's top players as well as activities and prizes for young and older players. A schedule for the day is attached and further information can be provided by contacting the Club or on the website.

HLTC is a small club with big ambitions located in the heart of rural Cheshire. The club has facilities for people of all ages and abilities to play tennis either socially or in competitive matches. The setting for the 3 club courts is picturesque, access is easy and there's plenty of parking space. Club members extend a warm welcome to locals who may wish to get involved in tennis.

There are family and individual memberships on offer and we encourage beginners, social and more serious players from junior to senior adults. The Club has 3 men's and 3 ladies' teams in Summer Tournaments as well as plenty of social tennis, coaching and other activities. There are also floodlit tournaments in winter, and intra club tournaments and events. The club also caters for juniors of all abilities with a coaching programme 7 days a week, tennis camps every school holiday and junior teams for children from 6-16 years of age.

Come along to the Open Day and find out how you can become involved - it promises to be a fun-packed day, full of tennis related activities as well as refreshments. Please drop by on 13th May to watch, support or participate.



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PROGRAMME

Time	Activity
13.00 – 13.15	Arrival and welcome
13.15 – 13.45	Tots Tennis (3-5 Year Old) with Vicky Gleave
13.15 – 13.45	Junior Tennis (1 st Session) with Emma Silcock & Nick Gore (Mini Red, Mini Orange & Mini Green Stages)
14.00 – 15.00	Family Tennis – Adults with Emma Silcock & Juniors with Nick Gore
15.00 – 15.30	Junior Tennis (2 nd Session) with Emma Silcock & Nick Gore (Mini Red, Mini Orange & Mini Green Stages)
15.30 – 16.00	Club Afternoon Tennis – Free Time for Adults and Juniors to come and play

Tots Tennis

Tots Tennis is all about FUN! and is designed to get 3-5 year olds active and learning new skills in an exciting and social environment.

They're full of activities, exercises and fun tennis games that use special equipment to build up physical 'ABCs' (Agility, Balance, Co-ordination), as well as basic technique

Mini Red

Mini red uses a small court and small mini racquets. This stage is for ages from 5 years up to 8 years of age using mini red tennis balls for outdoor courts and sponge balls when playing indoors.

Mini Orange

Mini Orange is played on a court which is slightly smaller than a full size court but bigger than the red court. Using mini orange balls players can develop their skills now playing with balls that travel faster and further than the mini red balls.

Mini Green

Mini green tennis is for players aged 10 years of age. Players using the mini green balls look to use a full size court and use regular scoring. The green tennis balls travel up to 20% slower than regular balls meaning players can get bigger rallies.